



# WALK *the* TALK

**MARIBYRNONG NORTH-WEST EMMAUS COMMUNITY NEWSLETTER**

**MOVE ONWARD**

**MAKE PROGRESS**

**STEP FORWARD**

**LAUNCH**

**PUSH AHEAD**

**MAKE HEADWAY**

**GAIN GROUND**

# GOING FOURTH

**PRESS ON**

**CONQUER**

**ACHIEVE**

**PROCEED**

**ACCELERATE**

**IGNITE YOUR PASSION**

# GOING FOURTH

Saturday, September 16<sup>th</sup> - 9:30am to 3:30pm  
at Werribee Baptist Church  
Cnr., Heaths & Derrimut Roads, Werribee

A unique Emmaus day for all Community members and their guests. Registrations essential.

Details inside on page 3!

# From your CLD



Greetings to our Maribyrnong North-West Emmaus Community.

We certainly have some inspiring events coming up in the months ahead aimed at strengthening and involving all of us. So please put these dates in your diaries and see how

many you can attend.

First, on Saturday September 16 we are running a Going Fourth Day at Werribee Baptist Church. A Going Fourth Day is structured like a mini Walk – talks, table discussions, etc. (Sorry, no posters.) The four talks delivered during the day will be based on four chapters of the book “Life of the Beloved” by Henri Nouwen, and are titled Taken, Blessed, Broken and Given. See the attached article giving the details. Hope to see you at Werribee Baps for a day of spiritual growth, great fellowship and a fun time together. There will be a small charge of \$30 per person to cover costs, and lunch will be provided. Please book online. **(see page 3)**

Then in November we are planning a Reunion / Visioning Day at Kyneton Uniting Church. At the end of each year, the Board meets for a Visioning Day to pray and discuss ideas for the coming year. We would like to involve the Community in this as well as encouraging people to “come back” to meet again.

These are of course on top of the Gatherings at Melton Baptist Church on Saturday 19 August and Echuca Church of Christ on Saturday 21 October. **(details on page 4)**

Please pray for our Emmaus Community. Not running walks has certainly taken some of the focus off important things this year, but please remember; Emmaus is not just about running Walks, it is also the building up of our Community through participation in Gatherings and other activities. We need to rely on the strength that the Lord promises us – not on our strength. For me, I think I have been trying to do too much of the later!

This newsletter (**page 5**) also includes a call for nominations for the Board. Nominations will be open until Saturday 16 September. The Community needs your help – currently important roles like Prayer Coordinator, Gatherings Coordinator, Social media Coordinator and Music Coordinator have not been filled due to lack of numbers. In addition, we have our Treasurer retiring at the end of the year, and this is a critical position to fill. You don't actually nominate for a position. You offer your availability to the Board, and at the first meeting of the new Board the positions are filled.

We would also be interested in hearing from people who are able to take on a role, but prefer to work “off Board”. This can also be a great way to become involved in the Community. Each year roles are filled by the Board, and then any remaining roles are able to be filled as off Board positions.

Many thanks and De Colores.

Ian Penney (Community Lay Director)





# GOING FOURTH



Be inspired! Be refreshed!

Saturday 16 September - 9.30am to 3.30pm

Werribee Baptist Church, Cnr., Heaths & Derrimut Roads, Werribee

**Cost \$30 includes lunch, morning & afternoon tea**

A Going Fourth Day doesn't duplicate an Emmaus Walk, but aims to refresh Community members, provide training, enthusiasm and impetus for a conventional set of Emmaus walks while remaining within the framework and spirit of the Walk to Emmaus experience. **It is also open to anyone who hasn't done an Emmaus Walk, so what an opportunity to introduce a Christian friend or two!**

On this day, four talks will be given based on the book "Life of the Beloved" by Henri Nouwen. Each talk will be preceded by singing and followed by a table discussion time. So it is similar to the Emmaus Walk, but a point of difference is that men and women are combined on tables for the discussions, and talks are given by both men and women presenters, lay and spiritual.

The last talk will flow on to Communion which will close the day.

Book online at <https://www.trybooking.com/book/event?eid=298094>

Or if you cannot book online, ring Maree or Ian who will take your booking and you can pay on the day. (We would prefer however for people to book and pay via the "Try Booking" site.)

Any queries, please email or ring Maree or Ian.

Maree Crammond: mob: 0412 477 781 email: [mnw.registrar@gmail.com](mailto:mnw.registrar@gmail.com)

Ian Penney: mob: 0418 549 007 email: [mnw.cld@gmail.com](mailto:mnw.cld@gmail.com)

## From your CSD

### HEIRS OF THE FATHER

For as long as I can remember I have been interested in my family history. As I got older and with advent of on line search engines the task of finding my ancestors has become easier.

Having found the places where they were born, baptised, married, worked and died I was curious to visit as many of these places as I could to get a little understanding of what their life may have been like and the reasons for making certain choices such as packing up everything and moving to the other side of the world to start a new life.

Last June, Rita and I embarked on an overseas holiday to amongst other places, England and

Scotland where we got to do exactly that, walk in the steps of my ancestors.



We found ourselves visiting some of the churches that I was able to identify as having a connection with my ancestors either through their baptism, marriage or burial.

We also visited other places that had some connection with my ancestors such as the Portsmouth Naval Museum as my great grandfather was in the Royal Navy and a park called Jesmond Dene in Newcastle. This must have been a special place for my grandfather as he named his house after the park.



As I walked through the places my ancestors had walked I felt that they were walking with me, helping me to see what was important in their lives.

For many people the desire to know where they have come from becomes an all consuming desire and this probably explains the rise of those web sites that I mentioned earlier.

I suppose we all like to know who we look like, what traits have we inherited from parents, grandparents and sometimes to other ancestors. In other words, we want to know what makes us who we are.

There is another dimension to us that cannot be determined through our flesh and blood ancestry. It cannot be determined through DNA tests or some other scientific method.

Paul in Romans 8: 14-17a describes this new dimension this way.

*14For all who are led by the Spirit of God are children of God. 15For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, 'Abba!\* Father!' 16it is that very Spirit bearing witness\* with our spirit that we are children of God,17and if children, then heirs, heirs of God and joint heirs with Christ.*

What Paul is telling us is that we are children of God. We have been adopted into His family with all the rights and entitlements that this gives us. This makes us brothers and sisters of Jesus and just like Jesus we are His heirs. This is good news for each and every one of us.

This is now our DNA but I believe that we often forget it because we are caught up in all the things that are thrown at us by the world we live in. We need to stay connected to God and with His Son our brother, Jesus and we can only do that by reading His word and trying to live out in our daily lives the teachings that it contains.

We cannot keep this good news to ourselves. It must be shared as we have been commanded to do with those who have not heard this good news before. It must be shared with each other particularly in those times when we may have forgotten that we are children of God and His heirs.

Yes, we are heirs of the Father, joint heirs with the Son. This is our DNA, our ancestry. This is who we are!

De Colores.

Richard Brown (Community Spiritual Director)



# GATHERINGS



Sat. Aug 19 - 2 to 4pm **MELTON BAPTIST CHURCH**, 1-5 West Melton Dve., Melton W.

Please bring afternoon tea to share. (Contact Maree on 0412 477 781)

Sat. Oct. 21 - 2 to 4pm **ECHUCA CHURCH OF CHRIST**, Cnr Pakenham & Sturt Sts., Echuca.

Sat. Nov. 18 - 11am to 4pm Reunion/Visioning Day **KYNETON UNITING CHURCH**, 54 Ebdon St, Kyneton. (lunch included)

# BOARD NOMINATIONS

A vital part of our Maribyrnong North West Emmaus Community includes active members who participate on the Board. This is a dedicated group of members who attend a monthly meeting to coordinate and provide strategic direction for the Maribyrnong North West Emmaus Community. Meetings are a mix of face to face (usually held at Kyneton on the Saturday every second month) and teleconferencing (this year being the first Friday evening of each alternate month), but these days and times are agreed by the newly elected board at it's first meeting together.

The Board is now calling for nominations to fill vacant positions.

- **The usual term is for three years.**
- **Nominees need email capability, and basic computer skills.**

If you know someone that you believe would be able to contribute to this group of volunteers (or even yourself), then we would love for you to put their name forward. Please pray about your decision and then ask the member for their agreement for you to nominate them. Our board consists of men and women from all industries and professions. We are taking positive steps to

linking our members from distant locations in our community by teleconferencing (Phone or Skype). So if being on Board interests you don't let distance be a barrier, please consider it, and if you have any questions at all, please call anyone on the Board.

The nominee will need to clearly indicate their name and sign the nomination form. The proposer and seconder will also need to indicate their name and sign the form. Please also attach a short profile of the nominee (background, Church attended, Emmaus experiences etc).

Please consider this important area of Emmaus carefully and prayerfully. If you have any questions, please contact any current board member, or; Ian Penney (Community Lay Director): [mnw.cld@gmail.com](mailto:mnw.cld@gmail.com), or phone: 0418 549 007.

All nomination forms can be obtained from <http://www.maribyrnongnorthwest.emmaus.org.au/> information or ring the Community Lay Director or Secretary who can post you a form.

**Nominations close Saturday 16 September.**



Serving on the Emmaus Board is a great way to help our Community and exercise your leadership gifts.

# GOING FOURTH

SATURDAY, SEPTEMBER 16

**REFUELLED  
TARGETTED  
LAUNCHED!**

Details on page 3

## MNW Emmaus Board 2017

|   |  |
|---|--|
| Ian Penney - Community Lay Director               | 0418 549 007                                 |
| Richard Brown - Community Spiritual Director      | 0418 582 774                                 |
| Soriya Suong - Secretary                          | 0423 844 230                                 |
| Ruth Membrey - Treasurer                          | 0408 823 527                                 |
| Ray Hughes - Stores                               | 0412 061 418                                 |
| Maree Crammond - Registrar                        | 0412 477 781                                 |
| Harry & Cheryl Nikas - Gatherings                 | 0418 817 485 (Harry) & 0423 216 316 (Cheryl) |
| Rob Hughes - Church Liaison / Outreach            | 0418 301 910                                 |
| Ric Weeks   | 0458 826 393                                 |
| Alan Carlyle - Communications, database & website | 0407 721 218                                 |
| <b>Off Board Positions</b>                        |  |
| Peter Campbell - Newsletter                       | 0431 244 561                                 |
| Joy Hughes - Agape                                | 0412 061 418                                 |

Click the link

Your Emmaus Community Connection  
Maribyrnong North West Emmaus Community

[www.maribyrnongnorthwest.emmaus.org.au](http://www.maribyrnongnorthwest.emmaus.org.au)

<http://www.maribyrnongnorthwest.emmaus.org.au/events/gatherings>



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